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#### **INTRODUCTION: WHAT YOU CAN TEACH USING THIS BOOK**

#### RHYTHM

In this collection you will find meters of 3/4 and 4/4. You will find very simple rhythmic configurations (level one and level two) of quarter notes, half notes, dotted half notes and whole notes, two eighth notes together, and lastly dotted quarter and eighth notes. That's it. If your choir can ring these pieces with comprehension and rhythmic accuracy, they are well on their way!

There are three pieces with simple mixed meters. In two cases -- "Comfort, Comfort" and "Lo, How a Rose" -- I decided not to use time signatures. Students in these cases should count the value of each individual note -- 1, 2, 3 or 4. In the case of "Love Came Down", the meter is proximinantly in 4/4 with an occasional measure of 5/4. It made more sense to include the time signature.

To teach rhythm is to teach pulse or a VERY strong sense of the beat. If the beat is timid, everything that follows will be timid and weak. I am all for bringing back datcing and marching to choir rehearsals -- morning, afternoon and evening rehearsals, young Alve old included! When you really feel the beat, then you just want to dance. This is the first step to understanding rhythm.

**Secret Tip #1**: Make sure EVERY ringer gets it! A handbelt croir is only as good as its weakest ringer.

To help conquer the various rhythmic patterns, I have believed in this collection is a sheet of rhythm exercises. Each exercise corresponds to a specific a can emert in the book (They're in the same order as the book). Feel free to copy it if you'd like. Mu suggestion, however, would be not to hand the entire sheet out to your choir. That would be 8-O-At (Børing On Arrival) Instead, use the white dryerase board (we used to call them black board, even hough they were green) and write the exercise that pertains to the piece you are about to practice. Then use your imagination and practice them in wild and crazy ways: one ringer clapping the rhythm, all ringers clapping, some marching some clapping; some clapping; steady ap/right hand bell and stems down/left hand bell; think dancing, think fun, think STRONG BEAT. You are done when all achieve correctness. And when they get it right, give then a reward!

**Secret Tip #2**: Figure out how to reward what is really correct. Rewarding mediocrity or incorrectness for the sake of affirming your student's self-esteem is anathema to real learning.

#### NOTATION

A question that I hear quite frequently among handbell directors is "do you circle the notes to help your ringers"? My answer is "No I don't circle the notes, but ringers will circle their own notes if they need it." And here is my suggestion to directors with ringers just learning to read music (and they are out there, coming out of the womb as such): You can make as many copies of any piece in this book for your organization. Make enough copies of a selection for all the ringers in your group, clearly indicate on each copy the assigned bells and then have each ringer circle his notes, collect and correct the the circle notes. Discard or use. Repeat as necessary. Eventually your ringers' eye will find the note without having to circle them. Guaranteed; it will come to them eventually. Another common question is whether to move ringers to different positions. The answer is yes, ringers should be exposed to different clefs, different notes, different size bells. Move them around. Let me qualify that: if you are planning to perform one of the pieces, it is best that the ringer stay with the same position and practice the same bells and not ring different bells for that piece. Unless you enjoy chaos in your rehearsal, for each piece a ringer should stay in the same position. Second: When moving a ringer from one position to another, try to make that move several positions away. It will be less confusing to move from a position that reads notes on the top of the staff to one reading notes at the bottom of the staff than moving to the position one over. Even better would be a move to a different clef altogether.

#### And speaking of consistency...

**Secret Tip #3:** (You can skip this if yours is one of those rare choirs that has loo%aperfect attendance.) When a ringer is missing from rehearsal, it certainly is unpleasant harder to rehearse, frustrating, etc. etc. etc.. But don't make a bad situation worse. Here's the Second Tip -- When Jane says that her part is easy and she can easily grab absentee Bobby' bells without any problem, don't believe her. JUST SAY NO. Jane is not going to be practicing her wells consistently, she will be practicing an entirely different part. She will no doubt mess up not just one part, but now two parts are wrong. The rehearsal has gone from an unpleasant situation into bell hell. It's better to learn to count through the silences of Bobby's part and get all of the other parts right. I do perfectly understand the temptation of trying to cover, but it is in the ond a losing rehearsal technique. Don't do it. JUST SAY NO.

#### TECHNIQUE

This book contains the following bell techniques: Kieg, DV, Pluck, TD, Swing, Echo, Gyro, Martellato, Malleting (bells on the table and suspended) and Shale. If you do not know how to perform these techniques, join the American Guild of English Landbell Ringers. Note: The technique of "Ring" involves damping after the notated number of beats. Thank you.

In this book you will find three dynamic markings: soft (p), medium (mf), and loud (f). If your choir can actually achieve three dynamic rivels, then they are better than 67% of the bell choirs in existence. After they get an understanding of soft, nedium and loud, they will then be ready to master the infinite gradations between those hree basic levels. Good dynamics help us to connect to the passion in music. You only learn and achieve good dynamics by demanding, insisting, constantly cajoling. It would seem that dynamics just don't come naturally to homo sapiens.

As a learning tool, I encourage you to use different techniques on the same piece. For example, a note with a staccato can potentially use the following techniques: Pluck, Thumb Damp, Mallet (bell on table), Martellato (although this has a different notational marking, but why not learn the technique). As you are learning a piece, try different techniques. Keep it simple and stay away from trying to incorporate two different techniques at the same time!

#### PERFORMANCE

People learn things by DOING. And they learn them even better by doing them under pressure. Bell choirs are like people.... they learn to ring better when they have the chance to perform in front of the gazing eyes and attentive ears of family and friends. I am all for bell choirs -- beginning, intermediate

and advanced -- preparing a piece thoroughly and then performing it (under pressure) to see just how thoroughly they really did prepare it. Performing in front of people (and especially after the sermon) is always a different ball game, and bell choirs should get used to it sooner rather than later.

The arrangements herein are short by design. A few may be served well by playing through it twice. Most arrangements are around two minutes. I figure at this stage in the game two minutes is plenty long for both your newbie ringers and your congregation who want to remain supportive.

If you need four minutes for your offertory, put two pieces together, or for a six moute postlude (which I heartily discourage as folks have Roasts in the oven), put three pieces together

Two of the arrangements, titled in this collection "Watchman, Tell Us Or use Night and "Come, Thou Long Expected Jesus" can be played at other times of the year with dim rent biles such as "Come, Ye Thankful People Come" or "Alleluia, Sing to Jesus". Feel free, you might as well get some mileage out of the book.

Here's another idea for performing these pieces: as a quarter. Invou have four good ringers that are looking for a challenge, these pieces might work for that purpere. Azalea Circle Christmas Collection a Christmas concert in a nutshell.

If your imagination or your needs see fit, feel free to do the strategies below there if Johnny is looking bored. Let me qualify that... as long as it fits the barmony I have written and it doesn't ruin the piece. Please don't email me to ask permission, but I still do want the credit for the arrangement.

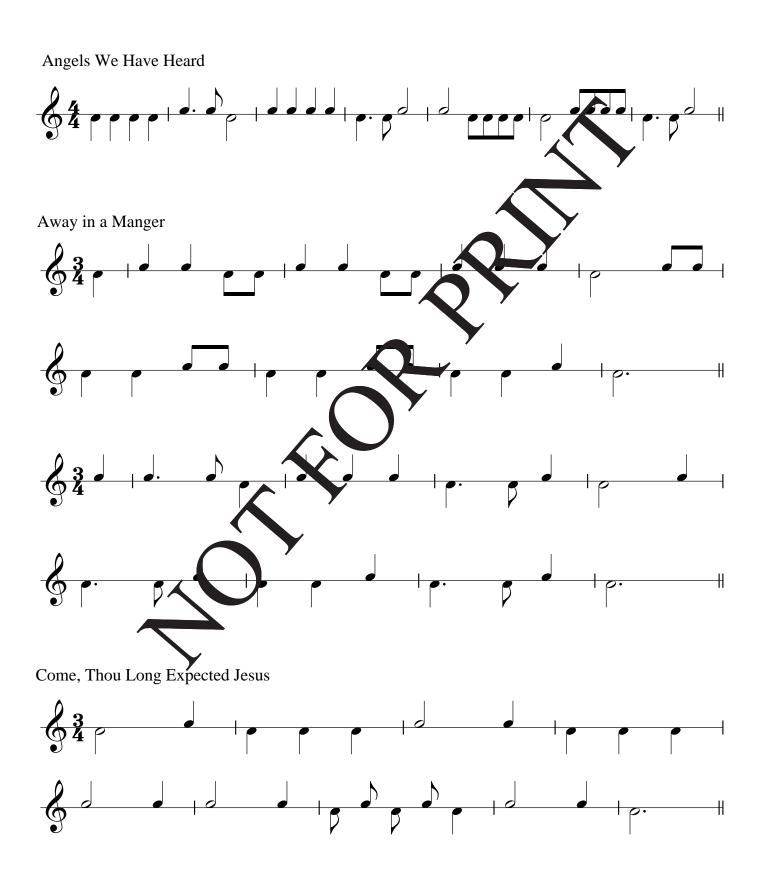
#### WHAT IS A SOUTHERN DOZEN?

I grew up in New Jersey. After graduating from Westminster Choir College, I moved south and have lived my entire adult life in George and South Carolina. Shortly after I arrived in my first small southern town, Miss Myrle, an angel of the Church I had just arrived to serve, sent me home with a "southern dozen" cookies. There were 14 cookies in the tin. Since then I assumed that everyone knew that a southern dozen meanu 4, not Webster's dozen of 12 and even more generous than a baker's dozen (13). This, hawever, is not the case. "I think what she probably said was a dozen southern cookies," a friend points out. Just the same, I hope you enjoy this collection of Christmas arrangements, 14 in 50 (a southern dozen!). BTW, it didn't take a New York minute for me to finish those cookies. Happy Kinging!

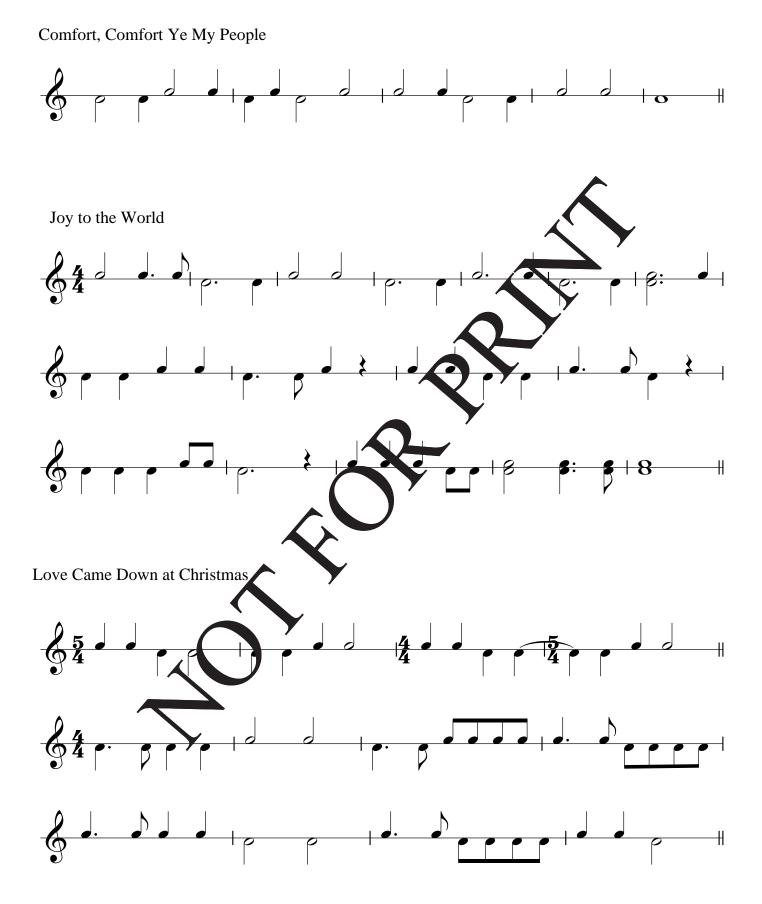
Timothy Shepard Atlanta, GA

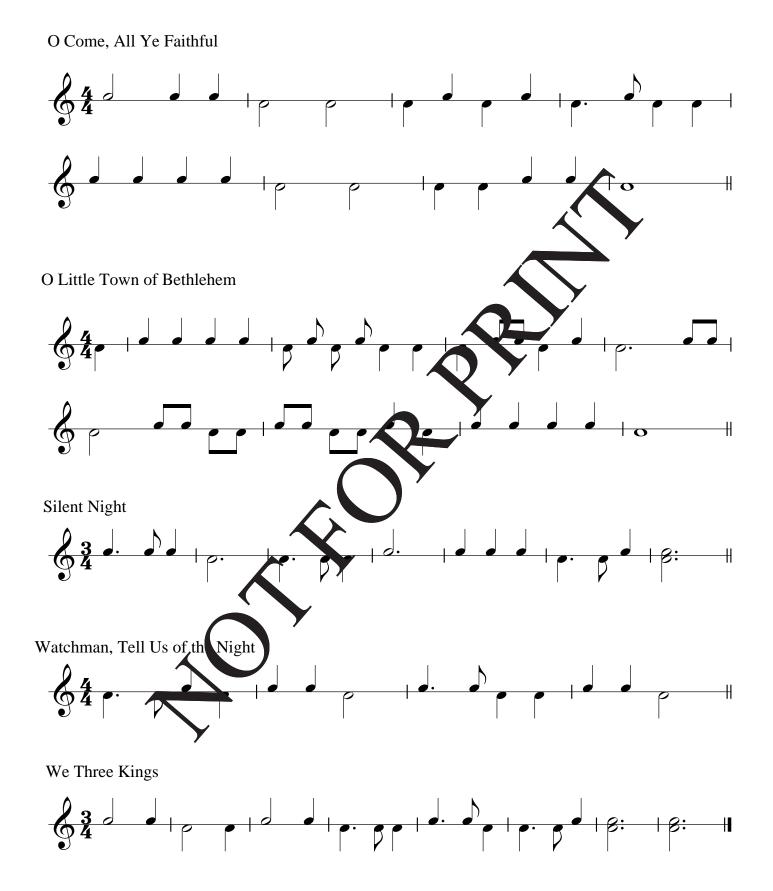
### **Rhythmic Exercises**

Notes with stems down are played with the left hand and notes with stems up are played with the right hand.



#### Rhythmic Exercises





### Angels We Have Heard on High



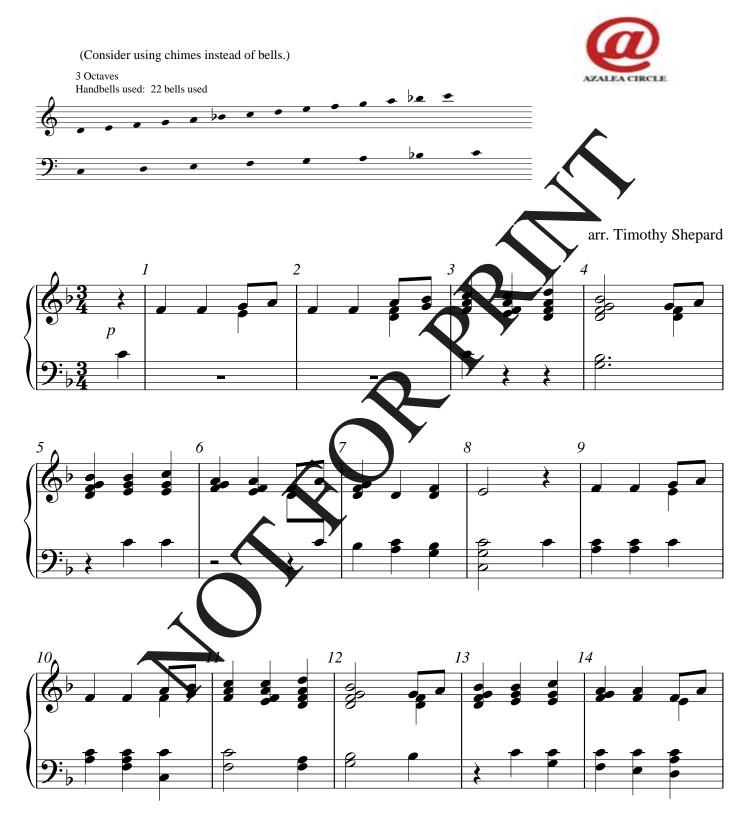
# Angels We Have Heard on High





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### Away in a Manger



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### Come Thou Long Expected Jesus



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### Come Thou Long Expected Jesus



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### Comfort, Comfort You My People



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### Comfort, Comfort You My People



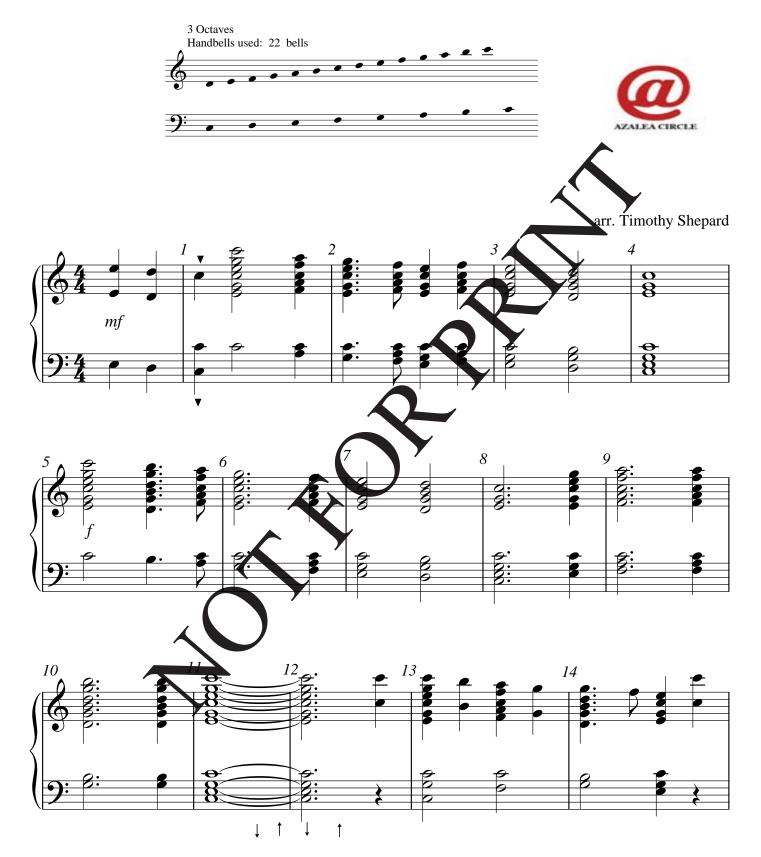
# Joy to the World



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### Joy to the World





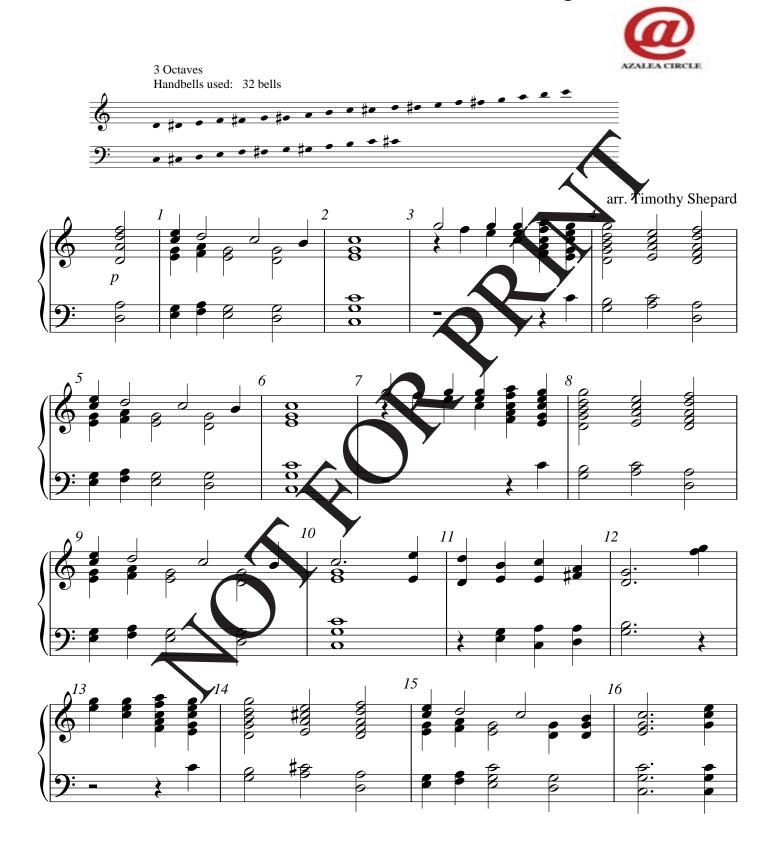
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#### Lo, How a Rose E'er Blooming



Performance Note: Notes inside of parenthesis are to be played only if optional bells are used, even if they fall within the two octave range.

### Lo, How a Rose E'er Blooming



#### Love Came Down at Christmas



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### Love Came Down at Christmas

AC-HB-013.B



Christmas Collection

# O Come, All Ye Faithful

2 Octaves (plus 1 optional bell) Handbells Used: 16; (17)



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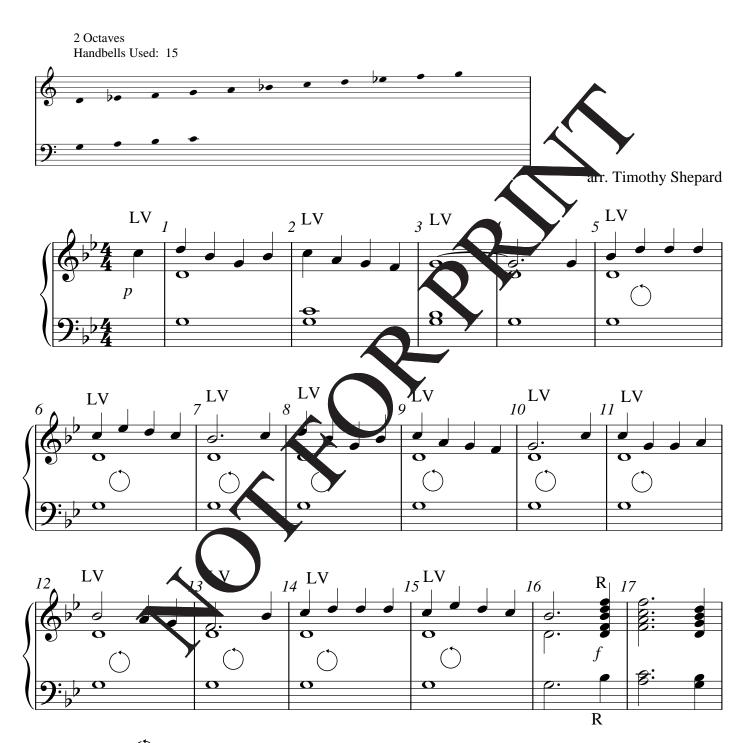
O Come, All Ye Faithful

3 Octaves Handbells Used: 25 bells



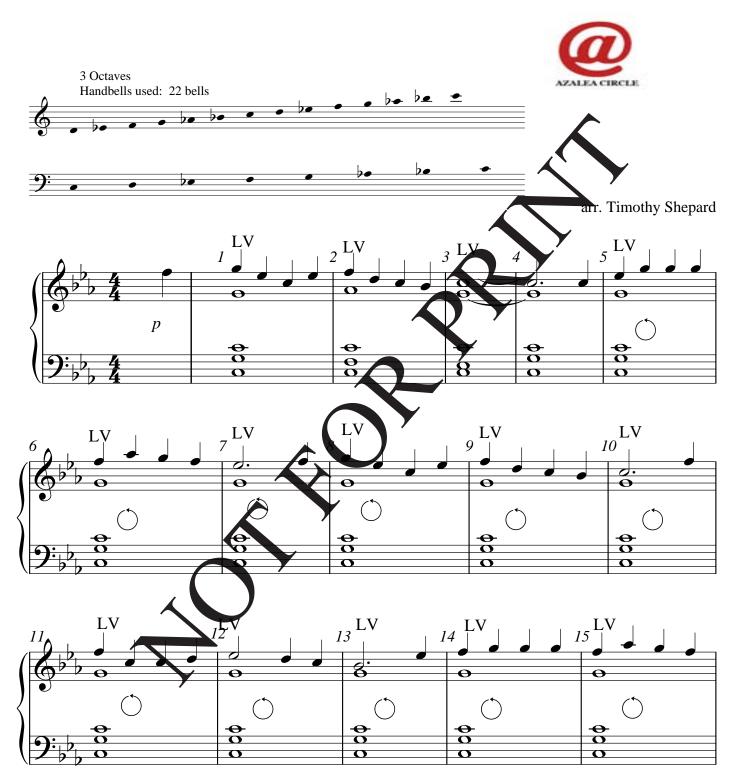
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### O Come, O Come Emmanuel



Note: The Opertains to all whole notes in the measure. You are encouraged to experiment with other techniques to substitute such as swing or echo.

### O Come, O Come Emmanuel



Note: The pertains to all whole notes in the measure. You are encouraged to experiment with other techniques to substitute such as swing or echo.

### O Little Town of Bethlehem



AC-HB013.B

### O Little Town of Bethlehem



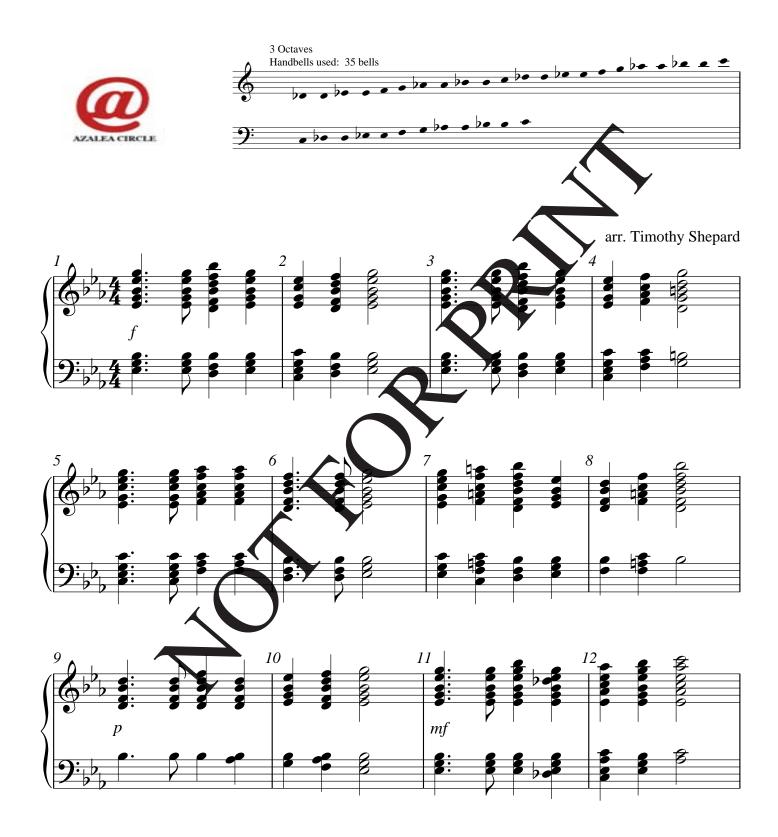


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### Watchman, Tell Us of the Night



### Watchman, Tell Us of the Night



# We Three Kings







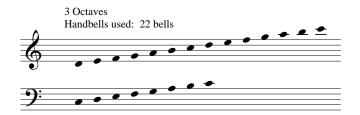






# We Three Kings

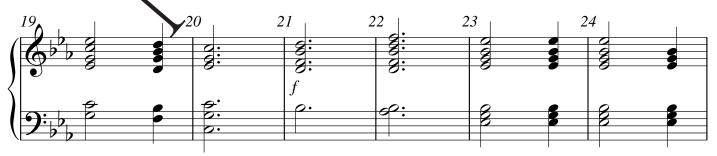












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